5 A DAY ACTIVITY TRACKING FORM

PLEASE COMPLETE THIS FORM FOR EACH 5 A DAY ACTIVITY and FAX IT BACK TO MARY K. SOLERA AT (757)444-1345

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|--|---|---|--|---|---|
| 1. Name of act | ivity/event (e.g.,) | food demonstration): | | · · · · · · · · · · · · · · · · · · · | |
| 2. | | | | 3. | |
| . | Organization(s) | that conducted the activity | | | Date activity was conducted |
| 4. | | | | 5 | \$ |
| Organi | zation(s) that funded th | e activity (or provided oth | er resources) | | Estimated total cost of the activity (Include cash and in-kind contribution |
| 6. Audience ta | geted: (Circle <u>all</u> | that apply.) | | | |
| 1. General pu | blic 5. | Persons with low literac | у | 9. Heal | lth professionals |
| 2. Adults | 6. | Persons on assistance (e | e.g., WIC, AFDC) | 10. Teac | thers (e.g., schools, in day care centers |
| 3. Senior citiz | cens 7. | Minorities (e.g., Blacks, | , Hispanics, Asians) | 11. Othe | t (Specify) |
| 4. Youth/kids | 8. | Persons with health risks | 5 | | |
| a. Setting or cl | nannel where the a | ctivity was conducted | : (Circle <u>all</u> that app | oly.) | |
| 1. Media (pri | nt, electronic) | 6. Supermari | kets/Farmers' markets | 10. | Physicians' offices |
| - | any office/factory sett | ing) 7. Restauran | ts/Foodservice | 11. | Health care facilities (e.g., hospital, |
| 3. Schools/Ur | | | stance programs (e.g., WI | (C) | nutrition center, HMO) |
| 4. Child care | facilities | 9. Communi | ty organizations/events | 12. | Other (Specify) |
| 5. Religious o | rganizations (e.g., chu | rches) (e.g., libra | ary, fair, senior center) | | |
| • | mber of persons r | etting above, indicate eached: (Circle one. | If you circle 7, provi | de estima | ted number.) |
| 1. 1 to 20 2. 21 to 50 | 3. 51 to 100 4. 101 to 500 | 5. 501 to 1,00 6. 1,001 to 5,6 | | ore than 5,00 | 00 (Estimate number below) persons |
| 2. 21 to 50 | 4. 101 to 500 | | | | persons |
| 2. 21 to 50 2. Name of city O. Briefly description. | 4. 101 to 500, county or other gribe the activity and is activity: (Circle) | 6. 1,001 to 5,0 geographic area reached materials used: | ed by the activity (e.g. | , MWR, B | persons clase, facility) e the definitions in parenthesis.) |
| 2. 21 to 50 2. Name of city O. Briefly description 1a. Goals of the large state of the | 4. 101 to 500, county or other gribe the activity and is activity: (Circle) | 6. 1,001 to 5,0 geographic area reache d materials used: e all that apply. To extend that inform about the need | nsure comparable results to include the desired to the activity (e.g. and the activity (e.g | ponses us | persons ase, facility) e the definitions in parenthesis. s that offer tips, practice skills, etc. or vings of fruits and vegetables in diet) |
| 2. 21 to 50 Name of city O. Briefly described at 5 of the 1. Increase to eat 5 of 2. Motivate | 4. 101 to 500 , county or other gribe the activity and is activity: (Circle awareness (Activities or more fruits and vege consumers (Activities (Activities or more fruits and vege consumers (Activities (Activities or more fruits and vege consumers) | 6. 1,001 to 5,0 geographic area reache d materials used: e all that apply. To extend that inform about the need | nsure comparable result how to include the section of the section | ponses us [a] (Activities the more service/cu | e the definitions in parenthesis. s that offer tips, practice skills, etc. or vings of fruits and vegetables in diet) poort (Activities that develop or modifatering/vending machine/other system |
| 2. 21 to 50 Name of city O. Briefly described as a language to eat 5 of the case to eat 5 o | 4. 101 to 500 , county or other gribe the activity and is activity: (Circle awareness (Activities or more fruits and vego consumers (Activity showing the health) | 6. 1,001 to 5,0 geographic area reached materials used: e all that apply. To extra that inform about the need tables a day) ties that encourage diesements of eating 5 a day) ities that use peer, family | nsure comparable result how to include the section of the section | ponses us [a] (Activities the more service/cu | e the definitions in parenthesis.) s that offer tips, practice skills, etc. or vings of fruits and vegetables in diet) poort (Activities that develop or modify |
| 2. 21 to 50 2. Name of city O. Briefly described to eat 5 of the cat 5 of the cat 5 of the change to eat 5 of the | is activity: (Circle awareness (Activities or more fruits and vegeness y showing the health) | 6. 1,001 to 5,0 geographic area reached materials used: e all that apply. To extra that inform about the need tables a day) ties that encourage diesements of eating 5 a day) ities that use peer, family | nsure comparable res 1 | ponses us Le (Activities de more service/cu i system sus odservice/cu to promote o | e the definitions in parenthesis.) s that offer tips, practice skills, etc. or vings of fruits and vegetables in diet) poort (Activities that develop or modif) teering/vending machine/other systems consumer diet change) |
| 2. 21 to 50 2. Name of city 3. Name of city 4. A Goals of th 4. Increase to eat 5 of the change to cat 5 of the cat 5 of | is activity: (Circle awareness (Activities or more fruits and vego y showing the health) social support (Activities or more fruits and vego consumers (Activity y showing the health) | 6. 1,001 to 5.0 geographic area reached materials used: be all that apply. To extra that inform about the necessables a day) ties that encourage diesenefits of eating 5 a day) ties that use peer, family eathy eating) be goal above, indicate | nsure comparable res 4. Develop skill how to include 5. Promote foor restaurant/for and policies the primary goal for | ponses us Le (Activities de more service/cu i system sus odservice/cu to promote o | e the definitions in parenthesis.) s that offer tips, practice skills, etc. or vings of fruits and vegetables in diet) poort (Activities that develop or modify teering/vending machine/other systems consumer diet change) |
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